

General Information on ISMDP[®]

The International Sport Massage Diploma Program (ISMDP) is a post-graduate, continuing education program available for Massage Therapists who have successfully completed a recognized Massage Therapy program.

The theory course descriptions and contents can be found by clicking on the course titles on the home page of the www.sportmassagediploma.com website.

Preparation Time: Registrants are advised to take one course at a time and can study at their own pace. Please be advised that completing each course takes considerable time and effort. The authors' recommended hours for studying are as follows: Sport Physiology 60 hours, Sport Psychology 90 hours, and Sport Injuries 120 hours.

Examinations: The exams for each course are written separately and within a pre-determined period of time in order to receive a Certification of Completion for Professional Development hours, or towards the ISMDP when successfully completed. The Sport Physiology exam and Sport Psychology exam are required to be written within 6 months of registration and Sport Injuries within 9 months. Exam questions vary from multiple choice, true or false, short and long answers for each course.

Proctors: Once the registrant is prepared to write the exam they must secure a local Proctor to supervise the exam. A Proctor could be a CSMTA certified member, a school teacher, a librarian, a priest, a notary public, a police officer, an MD, a chiropractor, or a PT, who will be present and states that he/she supervised the examinee during the exam and that there was no use of course material, notes, or any other help during the exam.

Exam Application: To apply for the exam, the registrant must send the Exam Application Form (which has been included in the textbook at the time of purchase) to the Education Committee Chair, who will mail the exam directly to the Proctor, with specific instructions to follow.

Practical components of Sport Injuries and Sport Massage are in developmental stages, and plan to be offered in various cities in Canada at some point in the future. In the meantime, registrants are urged to find and take course related workshops that covers relevant topics, when offered in their vicinity.

Please Note: The exams for these 3 courses are not equal, or related in any way, to the CSMTA Certification Exam. The CSMTA Certification Exam is a completely separate exam, however the material in these 3 courses are extremely relevant to the CSMTA Certification Exam and it would be highly recommended to take these courses in preparation for that exam.